

## Motivational Interviewing In Primary Health Care 2022

### Course objective:

For health care professional to have a comprehensive knowledge on Motivational Interviewing and to get advance technique for helping people to change targeted behaviors, such as smoking, alcoholism, diet, exercise and diabetic care especially in Chinese Context.

### Format of the course:

This course offers simulation-based training workshops which can enhance more interactive communication with the lecturer and the participants.

### Class Size:

32 participants

**Date** August 2022 – October 2022  
( 27/8, 3/9, 17/9, 24/9, 8/10 )  
[Every Saturday , 14:00 – 18:00]  
(Total 5 lecture days of 20 hours)

**Venue** Continuous Professional Education Centre  
9/F, Chi Wo Commercial Building,  
20 Saigon Street, Jordan, KLN, HK

### Speaker Dr. LAU Chi Hang

- Member of Hong Kong Motivational Interviewing Network Trainer (MINT)
- Founding member of Chinese Association of Motivational Interviewing (CAMI)

### Speaker Dr. FOK Jing

- AC, FM&PHC, KWC
- Member of Hong Kong Motivational Interviewing Network Trainer (MINT)

## Course Content

Date	Topic
27 Aug 2022 (Saturday)	<ul style="list-style-type: none"> <li>• Motivational Interviewing: What &amp; Why</li> <li>• Understanding the MI Spirits</li> <li>• Introducing the MI Processes</li> </ul>
3 Sept 2022 (Saturday)	<ul style="list-style-type: none"> <li>• The Engaging Process: The Micro-skills</li> <li>• The Focusing Process: Giving information and Guiding the Focus</li> </ul>
17 Sept 2022 (Saturday)	<ul style="list-style-type: none"> <li>• The Evoking Process: Strengthening Change Talk</li> <li>• The Evoking Process: Handling Sustain Talk &amp; Discard</li> </ul>
24 Sept 2022 (Saturday)	<ul style="list-style-type: none"> <li>• The Evoking Process: Finding Hope and Confidence</li> <li>• The Planning Process: Developing a Change Plan</li> </ul>
8 Oct 2022 (Saturday)	<ul style="list-style-type: none"> <li>• MI Proficiency and Continuous Learning</li> <li>• Quiz</li> <li>• Feedback &amp; evaluation</li> </ul>

Target participants:	<ul style="list-style-type: none"> <li>• All members of the HKAFMPHCN</li> <li>• All nurses/ health professional interested in Motivational Interviewing</li> </ul>
Course Fee:	Member: HK\$2500 Non-member: HK\$3000 <i>(Member include all HKAFMPHCN, HKCNA, HKAOHN &amp; HKSPHN)</i>
CNE Points:	18 CNE
Language:	Cantonese and English (with English handouts)
Assessment and Award:	A MCQ written test would be held at the end of the course  A certificate will be awarded to participants who have: (1) Achieved $\geq 80\%$ attendance (2) Remark of PASS if evaluation test score $\geq 60\%$
Application and Payment:	NOTE: Please send the completed "Enrollment Form" with a crossed cheque (payable to "Hong Kong Association of Family Medicine and Primary Health Care Nurses Limited" to HKAFMPHCN  c/o Ms. CHONG Lu, Flat B, 13/F, V Heun Building, 138 Queen's Road Central, Hong Kong
Enquiry:	Ms. CHONG Lu Tel: 9709 2418 Email: <a href="mailto:hkafmpncn@gmail.com">hkafmpncn@gmail.com</a>
Remarks:	For cancellation before the deadline of application, 10% of paid fee will be charged. No refund after the deadline. Seats are available on first-come-first-served basis, priority for members of HKAFMPHCN. <b>Only those unsuccessful applicants will receive notification and Refund.</b>

**Deadline of application : 31 July 2022**



## Enrollment Procedures and Guideline

- Please submit the completed enrollment form, along with a crossed Cheque made payable to **"Hong Kong Association of Family Medicine and Primary Health Care Nurses Limited"** for the course fee by post to the **Flat B, 13/F, V Heun Building, 138 Queen's Road Central, Hong Kong (Attn: Ms. CHONG Lu)**
- **Deadline: 31 July 2022**
- Please remarks the course title on envelop.
- Confirmation of enrollment will be sent to the email address given.
- This course will only reserve for those participants who have successfully registered. The quota could not be transferable.

## Enrollment Form

Please use block letters and "✓" where appropriate:

Course/ Seminar Name:			<b>Certificate Course on Motivational Interviewing in Primary Health Care Setting 2022</b>		
Name in Chinese:			Name in English:		
HKID/ Passport(First 4 digit):					
Contact Telephone No.:			Email Address:		
Correspondence Address (Block Letter):					
Rank:		Year of Related Experience:		Workplace:	
Association member: <input type="checkbox"/> Yes <input type="checkbox"/> No		<b>For Member: HK\$2,500</b> Bank: _____ Cheque No.: _____			
Membership No.: _____		<b>For Non-member: HK\$3,000</b> Bank: _____ Cheque No.: _____			
<input type="checkbox"/> HKAFMPHCN <input type="checkbox"/> HKCNA <input type="checkbox"/> HKAOHN <input type="checkbox"/> HKSPHN					
Signature: _____			Date: _____		

Official Use:

Received Date:

Accept:

Not Accept:

Remarks: